

# RADAM

(readable appraisal discussion assessment method)

## Introduction

This is a revised ADAM document that is aiming to be both readable and useful to appraisers.

Colleagues in Wales had previously identified that **we cover eight areas in the appraisal discussion.**

This project identified what appraisers do during the appraisal discussion and then **allocated appraiser behaviours into one of three categories: excellent, competent and needs further development.**

We hope this simple format helps appraisers access the information and to use it as a resource for their appraisal work by considering an area of the appraisal discussion and comparing what they do to RADAM and then making changes if this is needed.

## Area one: Preparation and Planning

### Excellent

Appraiser fluent with content of doctor evidence including:

- . detailed knowledge
- . understanding of issues
- . leading to flexibility in discussion

The appraiser feeds back on the disruption caused by repeated or significant interruptions

### Competent

The environment appears suitable to the doctor and appraiser:

- . private room
- . seating arrangements suitable

Appraiser appears to have detailed notes, e.g. draft appraisal summary

Appraiser refers to the notes

Appraiser has planned which areas to discuss

Appraiser has evidence of prepared questions

Appraiser familiar with the doctors evidence

The appraiser recognises and deals with interruptions

### Needs further development

The environment appears unsuitable

- . not private room
- . seating arrangements unsuitable

Appraiser appears to have no notes

Appraiser has no evidence of prepared questions

Appraiser is not familiar with the doctors evidence

Appraiser focused interruptions

## Area two: Engage and explain (includes signposting)

### Excellent

Purpose:

- . acknowledge achievements
- . recognise barriers
- . generate PDP

Agenda (Doctors evidence entries):

- . important to doctor
- . important to appraiser
- . relevant to responsibilities
- . focus on patient care

### Competent

Introductions made

Informal discussion (icebreaker)

Signposting:

- . purpose described
- . agenda described
- . timeframe described
- . process described including discussing last year's PDP

### Needs further development

No introductions

No, or too much informal discussion

Little/no description of purpose

Little/no description of agenda

Little/no description of the process

- . revalidation requirement
- . third party requirement

Process:

- . discuss Dr evidence
- entries/constraints/reflections
- . areas for development(action point)

Discussion includes:

- . doctors attitude to appraisal
- . doctors work role – and link to appraisal
- . appraisers role to facilitate/challenge/pass information when appropriate

Little/no evidence of signposting

### Area three: Last year's PDP

#### Excellent

Last year's PDP:

- . exploring outcomes of achieved PDP items
- . evidence of challenge of non-achieved items
- . consideration of constraints
- . reiteration of importance and relevance of PDP relating to revalidation

#### Competent

Last year's PDP items discussed:

- Achievement identified
- Acknowledgement of achievement
- Items not achieved identified
- Reasons for non-achievement identified

Discussion regarding continued relevance of non-achieved PDP items, leading to identification of further action points

#### Needs further development

Last year's PDP:

- . last PDP not discussed
- . achievements not identified
- . items not achieved ignored

### Area four: Discussing the Drs appraisal evidence and agreeing action points

#### Excellent

Appraiser encourages doctor self-evaluation

Appraiser challenges to uncover doctor:

- . effect on professional activity
- . relevance to patient care
- . reasoning
- . interest
- . motivation
- . preferred learning style
- . developmental inertia

Action points justified – through relevance to doctor's role and discussion of possible:

- . change in professional activity
- . improvements in patient care

#### Competent

Items chosen because:

- . doctor choice
- . doctor responsibilities
- . appraiser choice through negotiation
- . focus on patient care
- . revalidation requirement
- . third party requirement
- Appraiser briefly summarises doctors evidence leading to new discussion
- Appraiser is facilitative
- Appraiser probes, gathering more information using:

#### Needs further development

Items for discussion picked at random

The doctor appears to repeat areas described/ reflected on in F3 (through lack of appraiser summarisation)

By not probing or challenging the appraiser adds no value to the material discussed

Appraiser:

- . tests knowledge
- . acts as a teacher
- . is directive

- . motivation
- . interest
- . revalidation
- . learning styles

- . checking to confirm understanding
  - . summarisation to confirm understanding
- Appraiser encourages the doctor to identify learning points
- Action points identified from a 'next steps' discussion
- Action points agreed
- Appraiser acts as resource for information about appraisal and revalidation

Rees and Rowlands  
Appraiser fails to identify learning points

Action points are not considered

## Area five: Constraints

### Excellent

Wider value of constraints discussed with respect to delivery of local services and education

New constraints are identified and labelled as such in the discussion.

Constraints are identified and appraiser challenges to seek potential or real solutions

Action points from discussion of constraints are:

- . identified
- . considered
- . agreed

### Competent

Constraints are identified from the discussion of the doctors:

- . role and responsibilities
- . F3 entries including:
- . probity and health
- . reflections
- . constraints entries
- . last year's PDP

Analysis of constraints through a brief discussion

Absence of constraints discussed

### Needs further development

Constraints are:

- . not identified
- . not discussed

'Nothing can be done' collusion

## Area six: Agreeing the PDP

### Excellent

Living PDP is considered

Living PDP items are justified through brief discussion

PDP items are prioritised by:

- . doctor interest
- . doctor professional responsibility
- . learning to improve patient care
- . doctor professional requirement (e.g. revalidation)
- . to show progression from last PDP

Appraiser encourages ownership of PDP through:

- . doctor identifying learning outcomes
- . doctor description of documentation to validate

### Competent

Signposting 'PDP time'

Dedicated time to plan the PDP

Considers action points from:

- . doctor evidence entries
- . constraints
- . probity and health
- . last year's PDP

Action Points are prioritised to PDP entries

Appraiser negotiates the PDP to make it:

- . specific
- . achievable
- . aim to improve patient care

### Needs further development

No signposting of PDP time

No dedicated PDP time

Action points:

- . not reviewed
- . not prioritised

PDP is mainly constructed by appraiser

No consideration of:

- . specificity
- . achievability

- learning
- . doctor agreeing a timeframe

### Area seven: Next steps and closing the discussion

#### Excellent

Appraiser closes after checking 'anything else' before moving on

#### Competent

Next steps discussed:

- . appraisal summary completion, timeframe
- . email contact
- . doctor to review appraisal summary
- . doctor to agree the appraisal summary or request amendments
- . appraiser suggests choosing next appraiser

Appraiser signposts the end of the discussion and closes the discussion

#### Needs further development

No clear end to the discussion

Omits next steps

### Area eight: Encouraging ownership of the appraisal summary

#### Excellent

The appraiser recognises and explores the reasons for doctor emotional responses

The appraiser encourages doctor reflection through eliciting:

- . ideas
- . concerns
- . expectations
- . effect on doctor's team
- . feelings of doctor's team
- . effect on patient care

The appraiser is able to use facilitation and information giving when appropriate

Appraiser maintains a focused appraisal, without closing down the discussion, whilst maintaining flexibility

#### Competent

Appraiser recognises and manages issues of confidentiality

The appraiser shows interest and the doctor is engaged, rapport is established:

- . eye contact
- . verbal encouragement
- . non-verbal facilitation
- . recognition of emotion
- . use of facilitative language
- . shared humour

The appraiser:

- . acknowledges doctor achievement
- . shares experiences to facilitate
- . gives peer-based feedback
- . is mainly facilitative
- . shares information (e.g. process, revalidation)

#### Needs further development

Confidentiality is breached by the appraiser

The appraiser:

- . appears disinterested leading to doctor disengagement
- . ignores doctor achievement
- . does not give advice when needed

The appraiser appears to:

- . teach
- . show off
- . self-deprecate
- . humiliate

The appraiser dominates and does not encourage doctor contribution:

- . appraiser imposes their choice of doctor evidence entries
- . verbal cues ignored
- . non-verbal cues ignored

The appraisers diction or inappropriate use of language causes misunderstandings