**ABEL**

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| **GMC Advice** | **Needs Further development** | **Acceptable for revalidation** | **Excellence to be aimed for** |
| **Relevance**  relevant to your work and active participation | Subject chosen irrelevant in doctors working environment | Subject chosen relevant to doctor’s role | Subject chosen has significant impact on the role the doctor is (or was in at the time work done)  Demonstration of improvement in care in the area will have significant impact on patient care |
| **Robust and Systematic**  Robust and systematic | No evidence of planning  Made to fit template after the event  Learning style not thought through and inappropriate for the skill required | Evidence of planning | Doctor has identified an area where care is suboptimal.  Activity planned to suit the learning  Learning style appropriate for the activity |
| **Considers Good Practice**  so that good practice is maintained | Seems like a good thing but no actual evidence available  Not evidence based - no evidence exists or doctor has done something that has evidence against it | Doctor aware of the evidence to back up activity | Well researched evidence  Evidence discussed and put into context |
| **Communication**  this might be discussion with a peer, at team meetings | No thought of others in the team  Team excluded | Effect on others considered  Discussed with others on whom the activity might have impact  Plans to discuss with others in the team | Full discussion with team involved with patient care  Involvement of MDT  Shared with team  Reflection on impact of the activity on the team |
| **Considers current practice**  depends on the role you undertake and the work that you do | Not considered important  Not done | Measured current practice  Reflected on current process  Described current process | Doctor has considered current practice / measured it /audited it /  Reflected on why this is suboptimal |
| **Outcome or Change**  where possible demonstrate an outcome or change | Not clear what change made  No change made | Change clearly described  Intended change clearly described | Change in practice / process clearly described and reflected upon  Measurement of Change  New skill  New knowledge to put into practice  New system clearly described |
| **Take Action**  appropriate and in response to the results | Unclear  No change - when would have expected there to be some | Effect described  Potential effect described | Clear recording of the effect change has made - with examples or reflection on effect of the change |
| **Improvement**  improvement has occurred or good practice maintained | Cannot say if doctor is offering a better service as a result | Demonstrates an improvement in work | Work done clearly shows that the doctor is offering a better service as a result of the activity - easy to see this especially in terms of safety, improvements in care |
| **Reflection**  What you did with the information, reflection on that information, what it says about your practice, how you intend to develop or modify your practice | None  Not done | Reflection on process | depth reflection on the activity - consideration of how this affects patients /teams /wider community  Consideration of next steps |