**ABEL**

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| **GMC Advice** | **Needs Further development** | **Acceptable for revalidation** | **Excellence to be aimed for** |
| **Relevance**relevant to your work and active participation | Subject chosen irrelevant in doctors working environment | Subject chosen relevant to doctor’s role | Subject chosen has significant impact on the role the doctor is (or was in at the time work done)Demonstration of improvement in care in the area will have significant impact on patient care |
| **Robust and Systematic**Robust and systematic | No evidence of planningMade to fit template after the eventLearning style not thought through and inappropriate for the skill required | Evidence of planning | Doctor has identified an area where care is suboptimal.Activity planned to suit the learningLearning style appropriate for the activity |
| **Considers Good Practice**so that good practice is maintained | Seems like a good thing but no actual evidence availableNot evidence based - no evidence exists or doctor has done something that has evidence against it | Doctor aware of the evidence to back up activity | Well researched evidenceEvidence discussed and put into context |
| **Communication**this might be discussion with a peer, at team meetings | No thought of others in the teamTeam excluded | Effect on others consideredDiscussed with others on whom the activity might have impactPlans to discuss with others in the team | Full discussion with team involved with patient careInvolvement of MDTShared with teamReflection on impact of the activity on the team |
| **Considers current practice**depends on the role you undertake and the work that you do | Not considered importantNot done | Measured current practiceReflected on current processDescribed current process | Doctor has considered current practice / measured it /audited it /Reflected on why this is suboptimal |
| **Outcome or Change**where possible demonstrate an outcome or change | Not clear what change madeNo change made | Change clearly describedIntended change clearly described | Change in practice / process clearly described and reflected uponMeasurement of ChangeNew skillNew knowledge to put into practiceNew system clearly described |
| **Take Action**appropriate and in response to the results | UnclearNo change - when would have expected there to be some | Effect describedPotential effect described | Clear recording of the effect change has made - with examples or reflection on effect of the change |
| **Improvement**improvement has occurred or good practice maintained | Cannot say if doctor is offering a better service as a result | Demonstrates an improvement in work | Work done clearly shows that the doctor is offering a better service as a result of the activity - easy to see this especially in terms of safety, improvements in care |
| **Reflection**What you did with the information, reflection on that information, what it says about your practice, how you intend to develop or modify your practice | NoneNot done | Reflection on process | depth reflection on the activity - consideration of how this affects patients /teams /wider communityConsideration of next steps |